

## Lesson Series

Do you want help preparing fun, effective lessons for your youth group? The Arabian Horse Association presents **Leg Up: A Ready-to-Use Lesson Series** about Arabian horses.

Each **Leg Up** lesson plan is a compact but comprehensive presentation suitable for youth. You can use every plan “as is,” or easily modify it to suit your group’s age and knowledge.

Every **Leg Up** lesson is free of charge and includes a comprehensive lecture outline, Arabian horse trivia, games, and visual aids. Start today by downloading a Leg Up lesson below. Leg Up is free to youth leaders, so spread the word!

We hope your youth group enjoys exploring the world’s most beautiful athlete- the Arabian horse!!!

## Step-by-Step Lessons

### Step 1

Begin with the **Leg Up** lesson topic, perhaps reading the first point on the lesson outline. Be sure to connect it to your group’s previous knowledge. **Engage** your group!

### Step 2

Pass out visual aids, handouts, and other supporting material. This will help your group begin to **Explore** Arabian horses.

### Step 3

Deliver the **Leg Up** Lesson Plan Outline. This **Explains** your topic in depth.

### Step 4

Have fun delivering and discussing the **Leg Up** Arabian Horse Trivia to **Extend** their discovery of Arabian horses.

### Step 5

Use **Leg Up** games, crosswords, and puzzles to **Evaluate** what your group has learned.

---

## Lesson Materials Included:

- An outline with talking points
  - Games and quizzes
  - Visual aids
  - Suggestions on where to find more in-depth information
- 



ARABIAN  
HORSE ASSOCIATION

Arabian Horse Association  
10805 East Bethany Dr  
Aurora, CO 80014  
youth@arabianhorses.org  
www.arabianhorses.org